

WHAT IS JEET KUNE DO



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Jeet Kune Do Wikipedia

Jeet Kune Do (Chinese: ; Cantonese Yale: jìht ky hn douh; [tsi t .k y n.to u]), "The way of the intercepting fist" in Cantonese, abbreviated JKD, is a hybrid philosophy of martial arts heavily influenced by the personal philosophy and experiences of martial artist Bruce Lee.

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WHAT IS JEET KUNE DO Bruce Lee Foundation

what is jeet kune do? May 30th, 2016 in Jeet Kune Do In the four decades plus, since Bruce Lee s passing, numerous books and countless articles have been written expressing various (and sometimes quite differing) points of view regarding his art of Jeet Kune Do what JKD is, what JKD isn t, etc.

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What is Jeet Kune Do Valhalla Academy of Martial Arts

Jeet Kune Do principles and concepts should still exist, such as concepts of high-low-high, economy of motion, and the five methods of attack (single direct attack, attack by combination, progressive indirect attack, hand immobilization attack, and attack by drawing). By adding wrestling, Brazilian Jiu-Jitsu, or Muay Thai to Jeet Kune Do techniques and concepts is what I think Bruce Lee meant when he said obey the principles without being bound by them .

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SO WHAT IS THIS ART OF JEET KUNE DO Fighting Master

Jeet Kune Do accepts you as you are and is not about setting up restrictions or "Ways" of doing things - It seeks to be a source of inspiration and delight for those who possess an interest in Bruce Lee, and the martial viewpoints that he created.

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What is Jeet Kune Do Seth Weil Academy

Jeet Kune Do, the way of the intercepting fist, is a hybrid martial arts system and life philosophy founded by world-renowned martial artist, Grand-master (SiJo) Bruce Lee. Jeet Kune Do is non-traditional and non-classical, ever-changing and evolving, and fluid and spontaneous.

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Jeet Kune Do Bruce Lee

Jeet Kune Do celebrates the cultivation and honest self expression of the individual over any organized style. Research your own experience. Absorb what is useful.

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Jeet Kune Do Bruce Lee Foundation

Jeet Kune Do The final symbol that represents Jeet Kune Do and Bruce Lee s approach to life is a full yin yang symbol surrounded by arrows. The arrows represent the constant interplay of the complements of yin and yang.

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Jeet Kune Do History and Style Guide ThoughtCo

Under this substyle, Jeet Kune Do practice is much more individualized and less static. For example, when Brazilian Jiu Jitsu proved to be a valid fighting art, many JKD Concepts artists began to incorporate it.

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Welcome To What Is Jeet Kune Do Be like water my

About Jeet Kune do and what it really means Firstly I want to thank you for visiting this site in this site I will try to put together my opinions which will later be yours to interpret I will be giving links on the types of organizations and my opinions on the misconceptions on what it means to train

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